

To Be Prepared for Mohs Surgery, I need to:

- Please review information on website. www.carolinaskinsurgery.com
 - Plan to spend **SEVERAL** hours at the office. Sometimes the surgery can be more extensive than anticipated and may take a good part of the day. It is estimated to take 2 to 4 hours, but it could be longer. The majority of the time at the office is spent waiting on the tissue to be processed. Please read your brochure for more details of the procedure.
 - You should go home and rest after the procedure and not have any other plans for the day (i.e.: doctor's appointments, meetings, etc)
 - **Continue to take all medications** as prescribed unless otherwise directed by the doctor.
 - If taking Coumadin, I understand that I will need to have my ProTime checked 5 to 7 days before surgery and have the result faxed to 704-295-0005. I understand that I should **NOT** stop taking Coumadin or other blood thinners unless directed by my cardiologist or the physician that prescribes them to me.
 - Eat breakfast as normal. It is okay to bring a snack since the appointment could take several hours. We have coffee and water available at the office.
 - Avoid using creams, lotions, or makeup on the area.
 - Wear comfortable clothing. This should be a two-piece outfit because it may be necessary to put on a gown.
 - **Plan to stay in town for at least one week after surgery due to potential swelling, bruising, and postoperative complications.**
 - **Avoid important social or business activities such as weddings, family pictures, business trips or presentations, etc.**
 - Limit physical activity after procedure (i.e.: yard work, exercising, etc.)
 - Avoid heavy lifting (anything over 10 pounds) and a lot of bending over after procedure.
 - Have someone drive me to and from this appointment.
 - You are not put to sleep for this procedure. You are given local anesthesia (numbing), however, it is important to have a driver because you may experience swelling when the procedure is finished.
 - If I have more than one surgery site, I understand Dr. Carruth may not be able to do both spots on the same day.
 - We have magazines, TV's, and Wi-Fi at the office. Please feel free to bring lap tops, tablets, books, etc.
 - You should expect to have a scar that can be larger than expected. We try to make it look as good as possible and it usually improves over time. If you have questions about scarring or would like to discuss other treatment options (such as radiation), please call the office to schedule a consultation appointment.
 - If you wish to receive appointment reminders by email, please provide your email address.
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Patient signature: _____

Date: _____

Please read this form carefully and sign. If you have any questions, please call the surgery coordinator at 704-295-0000.